

## **“How To Survive Family Caregiving Without GOING BROKE, LOSING YOUR SANITY, or DYING!”**

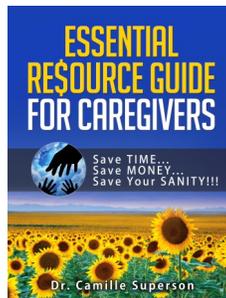
*A former Caregiver, and Author of “Essential Resource Guide for Caregivers: Save TIME, Save MONEY, Save Your SANITY !!!” tells your audience:*

- How to receive CASH when caring for a family member
- Little known veteran benefit gives up to \$2837 per month for expenses
- How to save THOUSANDS of dollars from little known resources
- How to obtain FREE food—NOT food stamps or soup kitchens
- How to save \$3-5,000 on funeral costs
- How to obtain FREE help with minor home repairs
- How to obtain FREE Service Dogs for physical and emotional conditions not generally considered
- How to obtain FREE respite care and other needed help
- How to receive FREE license plates
- How to obtain FREE prescriptions
- FREE resource to help veterans obtain denied benefits they are entitled to
- How to find FREE products, services, & programs quickly & easily

... And much more

- **Over 60 MILLION caregivers in the U.S. today**

One out of four adults provide care to loved ones to the tune of **\$470 BILLION** in unpaid help; 24% are those aged 18-24. 11,536 Americans become eligible for social security daily. As these numbers rise, the need for caregivers increase. They are expected to increase even more as these seniors require help, assistance, and medical care.



- **30% of all caregivers DIE before those they care for**

Stress, physical demands, neglecting their own declining health needs, money worries, and depression, are contributing factors to the above statistic. Caregivers often work alone and in isolation. Many are unprepared, overwhelmed, and unaware of the long-term physical and emotional impact caregiving has on decreasing their lifespan.

- **40% of women caregivers live in poverty post caregiving**

The majority of caregivers are women aged 45-55, often giving up their careers to care for a loved one. They often emerge as seniors, and may have outdated technical or marketable skills. Age discrimination also plays a critical factor in obtaining future employment. Employers often hire a younger individual rather than investing in someone older, even if these women *are* qualified.

- **The average caregiver loses between 1/2-3/4 MILLION DOLLARS over a lifetime**

Many caregivers must quit jobs or decrease hours; losing income, pensions, 401K participation, insurance, and decreased social security benefits. Most caregivers are now caring for their loved ones for over five years, and the loss of potential income may be substantial over a lifetime.



Dr. Camille Superson began her professional career as a Registered Pharmacist. After working in hospital and retail environments for many years, she returned to school, and became a Doctor of Chiropractic. In that capacity, she opened the first comprehensive holistic clinic in metro Chicago. Her life drastically changed when she became a full-time caregiver to both of her parents; spanning over a decade. She is now devoted to providing caregivers with the help they need; saving them time and money, and helping to make their lives more stress-free.

**“Essential Resource Guide for Caregivers: Save Time... Save Money... Save Your Sanity!”**  
available for \$24.97 on website: [www.StressFreeCaregiver.com](http://www.StressFreeCaregiver.com)  
**FREE “Quick Start Guide for Caregivers” with order**